

October 16, 2023

Strata Florida (recent outings pt. 2)

by Amy Grandvoinet

Monday 16th October 2023



Dear friends,

There is a place a short while out of Aberystwyth, near Pontrhydfendigaid, called Strata Florida. It is a medieval abbey where medieval princes are buried. 'Strata Florida' is Latin for 'Vale of Flowers', and Strata Florida's [website](#) will tell you it has also been referred to as "'the Westminster Abbey of Wales'".

At Strata Florida, there is mention of some kind of buried leg. At Strata Florida, some of the grave stories refer to the 'racy'.

If you search '*Santa* Florida' accidentally on Google, the date 'Sun, 24 Dec 2023' will come up then followed by 'People also ask / Why is it called Christmas Florida? /

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At Strata Florida there are big arches like rainbows. In my dream the other day, there were lots of rainbows, all ricochetting next to each other, but gently. They were also caught in my eye-lashes.

Near Strata Florida, you can canoe atop viaducts.

At Strata Florida, you can go inside the central church if you know the knack of opening certain Archaic Doors. Inside the central church in Strata Florida, there are lots of beautifully-coloured stained-glass windows, some of them featuring St. Francis of the Animals, and of Peace.

They are calm kaleidoscopes.

With very best wishes,
Amy Grandvoinet x